

FEBRUARY

2025

PLUGGED IN WITH ...

Panhandle Rural Electric Membership Association

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FREE & EASY

ways to save energy

(Spoiler Alert: Your clothes and dishes won't know the difference)

Major home appliances account for approximately 16% of an average home's energy consumption.





- 1. Run full loads of laundry instead of several smaller ones.
- 2. Use cold water to wash your clothes.
- 3. Keep your refrigerator at 35° to 38°F and your freezer at 0°F.
- 4. Regularly defrost manual-defrost freezers and refrigerators.
 - 5. Skip the heat-dry setting on your dishwasher.
 - 6. Fully load your dishwasher before washing.
- 7. When buying new appliances, consider Energy Star versions.
- 8. Unplug appliances you're not using.

Time to replace that old appliance? Replacing older versions with energyefficient models can save the average household more than \$500 per year.

Sources: National Resources Defense Council, U.S. Energy Information Administration



308-762-1311 or 800-585-4837 FAX 308-762-5750



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Stay Safe on Winter Roads

Winter months can bring snow, ice and windy conditions, creating hazards for drivers. It is important to be prepared in case there is an accident.

Before a winter storm Perform seasonal maintenance on your car to ensure:

- Batteries are charged.
- Tires have sufficient tread.
- Spare tire is inflated.
- Jumper cables are in good condition.
- A winterized car emergency kit.
- Windshield wipers work.
- Headlights, brake lights and turn signals work.
- At least a half-full tank of gas.

Prevent frostbite and hypothermia

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If you are stranded in your car after an accident, observe the following precautions:

- Do not stay in one position for too long.
- Stay awake.

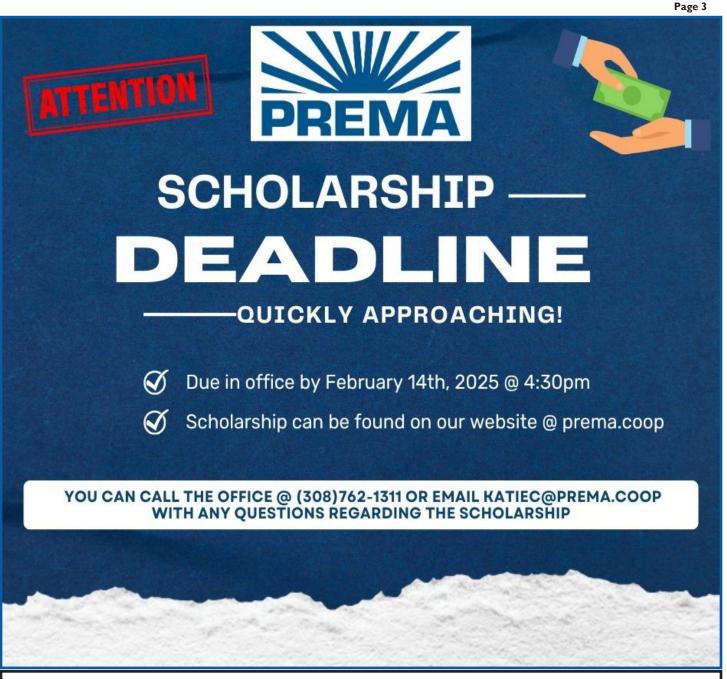
SAFETY

- Do not overexert yourself to avoid strain on your heart.
- Watch for signs such as a change in skin color, numbness, shivering, slurred speech, loss of coordination or confusion.

Winter storms and power lines

Always treat sagging and downed power lines as energized and dangerous. Keep at least 50 feet away from the area.

- If your vehicle hits a power pole, stay inside.
- Contact 9-1-1 and wait for the power to be shut off by utility workers.
- If your vehicle is on fire, jump clear with feet together, avoiding contact with both the vehicle and ground simultaneously.
- Shuffle or "bunny hop" away from the vehicle, keeping feet together to prevent different electric currents through your body.
- Never drive over a downed power line, which can cause additional hazards.



Help PREMA Serve You Better!

Please update your contact information. This helps us contact our members when planned outages are necessary or we have billing questions. Please let us know if you have a medical condition that is compromised with a power outage.

We have several ways for you to update your contact information.

- 1. Log into your smarthub account.
- 2. Call the office at (308) 762-1311.
- 3. Email billing@prema.coop.
- 4. Mail to PREMA, P.O. Box 677, Alliance, NE 69301.

Thank you for your help. We appreciate your membership!





Notes from Load Management

The 2025 irrigation season is fast approaching. The guideline letter for Load Management was sent out at the end of January. If you are an irrigator and have not received this letter, please contact the office and ask to speak to Nick. Load Management signup deadline is Friday March 7th.

If you are an owner or operator of an irrigation account, please notify Customer Accounting (Allison) of any changes to the bill. Changes can also be emailed to Allison at <u>billing@prema.coop</u> or by calling the office at 308-762-1311.



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