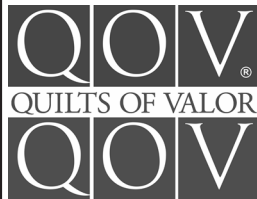


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## Director Dale Berndt Presented With The Quilt Of Valor



On Thursday, June 18, 2020, veterans Jim Goodwin, Jerry Steele, Dick Bloom, Dr. D.N. "Cork" Taylor, Dr. Ron Hunter, Fred Feldges, Dale Berndt, and Ron Winchell were presented with Quilts of Valor at the Nebraska State Veterans Cemetery in Alliance.

(Pictured Below)

James Goodwin enlisted in the US Air Force in 1992 - Jerry Steele enlisted in the US Army on a 120 program in 1969 - Dick Bloom enlisted in the Nebraska Army National Guard in the early 1960's - Dr. D.N. "Cork" Taylor enlisted in the US Marine Corps in the spring of 1968 - Dr. Ron Hunter enlisted in the reserves in 1966 - Fred Feldges enlisted in the US Navy on October 8, 1963 - Dale Berndt went though ROTC while in college and received his commission as second lieutenant in May of 1969 - Ron Winchell enlisted in the US Army in January of 1962.



# Thank You for Your Service!

Recently three PREMA employees celebrated some milestones years of service. Steve Ash, AMR Coordinator, celebrated 30 years. Stacey Amm, Metering, celebrated 25 years. Nate Holcomb, Hyannis Lineman, celebrated 5 years. Thank you all for your continued service to PREMA and our members.

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**25**  
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## Overstocked fridge? Your food could spoil

It's tempting to load up on multiples of milk, eggs, meat, ice cream and other refrigerated staples when you're making fewer trips to the grocery store to limit your risk of catching coronavirus.

But a bulging refrigerator or freezer might mean that your food is packed so tightly together that it won't stay cold.

Here are two problems that an overstuffed refrigerator or freezer can cause:

- Blocked airflow. If air can't move between food items, the fridge has to work extra hard to stay cold enough to keep them at a safe temperature. That can leave some foods warm rather than cold, and that can speed up spoiling and invite bacteria.
- You can't see everything. Items that you push to the back could be forgotten until after their expiration dates, which is wasteful.

So you only need two weeks' worth of food until someone can go shopping again. Your refrigerator can probably handle that.

Some tips for keeping your food safe and the fridge from overflowing:

- Buy canned meats, like tuna, which don't need refrigeration.
- Plan some meals that don't require meat or fish, like pasta with tomato sauce or rice and beans.
- After each shopping trip, move any food that's in the back of the fridge to the front, and plan to serve it before the new stuff.
- Eat your leftovers. Too often, remnants from yesterday's dinner sit forgotten until they spoil. Don't take up precious refrigerator space with food you'll never eat. Plan to use all leftovers within two days of the original meal. Store them all on the same shelf—right up front—so you'll be reminded to heat them up every time you open the refrigerator door.
- Use what you already have before you buy more food. Check your pantry for an oversupply of canned soup, cake and muffin mixes, and boxed items like mac 'n cheese or spaghetti.

Make a two-week meal plan and list the ingredients you will need to prep them. That will become your grocery list. Bringing a list to the market with you will guide you so you won't buy more than you need or have room to store.

### Notice

Capital Credit checks were mailed October 16, 2019, numerous checks have not been cashed. Please cash your check by August 31, 2020 as the uncashed checks will be voided September 1, 2020. If you are unable to locate your uncashed check, please send a request for a check re-issue to Allison at [billing@prema.coop](mailto:billing@prema.coop) or mail to P.O. Box 677, Alliance, NE 69301.

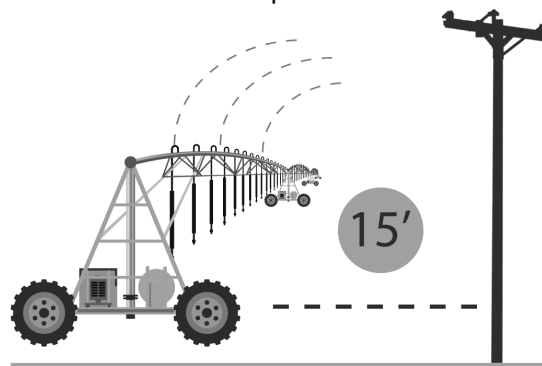


Dial 811 from anywhere in the country a few days prior to digging, and your call will be routed to your local One Call Center. Tell the operator where you're planning to dig, what type of work you will be doing and your affected local utilities companies will be notified about your intent to dig. In a few days, they'll send a locator to mark the approximate location of your underground lines, pipes and cables, so you'll know what's below - and be able to dig safely. Remember, always call 811 before you start any digging project! You'll avoid injury, expense, embarrassment - and a very inconvenient day in the dark. For more information on your local One Call Center, or to make an online request for utilities to be marked (where available).

## Notes From Load Management

With the warmer temperatures and limited rain in PREMA's irrigation area, we have experienced near-record usage (kWH) and demand (kW) for the months of June and July, which has dictated more active control periods. The majority of demand savings is passed back to Load Management Participants. Questions about Load Management can be answered by Tim at the office 308-762-1311.

Keep IRRIGATION EQUIPMENT  
and water streams 15 feet away  
from overhead power lines.



**Safe  
Electricity.org**

research collected from National Agriculture Safety Database



**Serving Arthur, Box Butte, Cherry, Dawes, Garden, Grant, Hooker,  
McPherson, Morrill, Sheridan and Sioux Counties**

### **PREMA**

251 BRAYTON ROAD  
P.O. BOX 677

ALLIANCE, NE 69301-0677

### **OPERATIONS AND STAFF**

Ryan Reiber—General Manager  
Paul Grosz—Operations Manager  
Dale Knapp—Staking Engineer

### **BOARD OF DIRECTORS**

Dale Berndt — Lakeside  
Michael Collins — Alliance  
Wayne Crawford — Alliance  
Marty Larsen — Whitman  
Bryan Monahan — Hyannis  
RD Sutphen — Lakeside  
Phil Zochol — Alliance  
(308) 762-1311 or 800-585-4837  
FAX—(308) 762-5750

